

Huntingdon Valley Library – October 2018

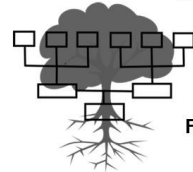
Sun	Mon	Tue	Wed	Thu	Fri	Sat
† - Registration Required ‡ - Please RSVP	1 10:30 am Preschool Storytime 3:30 pm Sit N Knit	2 10 am Chair Yoga \$7 NEW! 10:30 am Toddler Storytime 7 pm Genealogy Program ‡ NEW!	3 10:30 am Library Yoga 4:30 pm Tutoring LM HS Students † 6:30 pm Super Sitters Babysitting Course † 4-wk course \$25	4 11 am Tai Chi \$7 12:30 pm Friends Meeting 3 pm Drop-In Craft for Halloween 7 pm 1812: The First Civil War with Richard Hartman	5 11 am Friday Movie Bye Bye Germany 3pm TAB Meeting	6 10:15 am Rhythm Babies
7 Library Sunday Hours Open 1-5	8 8 am LMBA Meeting 10:30 am Preschool Storytime 3:30 pm Sit N Knit 6:30 pm Adult Book Club <i>Mrs. Kennedy and Me</i> by Clint Hill.	9 10 am Chair Yoga \$7 10:30 am Toddler Storytime	10 10:30 am Library Yoga 12 pm Middle School STEAMers † NEW! 6:30 pm Babysitting Course †	11 11 am Tai Chi \$7 4:30 pm Tutoring LM HS Students 7:30 pm Library Board of Trustees Meeting	12 11 am Friday Movie: Damsel 3:30 pm Middle School Book Club - <i>The Westing Game</i> ‡	13 11 am Fire Prevention Open House 7 pm Movie Nights Under the Stars Coco
14	15 10:30 am Preschool Storytime 3:30 pm Sit N Knit	16 10 am Chair Yoga \$7 10:30 am Toddler Storytime 7 pm Genealogy Program ‡	17 10:30 am Library Yoga 10:30 am Library Socrates Café 4:30 pm Tutoring LM HS Students † 6:30 pm Babysitting Course †	18 10 am State Rep. Tom Murt's Staff 11 am Tai Chi \$7 12:30 pm Friends Book Club. <i>The Other Einstein</i> by Marie Benedict	19 11 am Friday Movie: The Commuter	20 11 am Saturday Storytime with Miss Meg
21	22 10:30 am Preschool Storytime 3:30 pm Sit N Knit	23 10 am Chair Yoga \$7 10:30 am Toddler Storytime 7 pm Medicare for 2019	24 10:30 am Library Yoga 4:30 pm Tutoring LM HS Students † 6:30 pm Babysitting Course †	25 10:30 am Bounce and Rhyme Babytime 11 am Tai Chi \$7	26 11 am Friday Movie: RBG Documentary	27 10:30 am CESOP Computer Education Society Meeting
28	29 10:30 am Preschool Storytime 3:30 pm Sit N Knit	30 10 am Chair Yoga \$7 10:30 am Toddler Storytime 7 pm Genealogy Program ‡	31 10:30 am Library Yoga			

Friday Movies @ 11 am

Oct. 5 Bye Bye Germany
 Oct. 12 Damsel
 Oct 18 The Commuter
 Oct. 28 RBG (Documentary)

Free and Open to All

Genealogy Program



Tues., Oct. 2
 Tues., Oct. 16
 Tues., Oct. 30
 at 7:00 pm
 Friends Learning Lab

Allen Male, member of the Old York Road Genealogical Society will present the following lecture series for beginning genealogists:

- Tools and techniques for sound genealogy.
- How to conduct family research over the internet.
- Use of various sources including the US census, city directories, and PA death records.
- Saving and sharing your information.
- Expanding your research horizons.

Reservations requested.
 Program free and open to all.

OLD YORK ROAD
 HISTORICAL
 SOCIETY

Chair Yoga with Theresa

Drop-in
 Tuesdays
 10 am
 Oct. 2 to Nov. 22



Chair Yoga is the perfect combination of gentle & fluid movements and breath work - All from your chair!

Your instructor Theresa Landolfi designed this class for those who are looking for gentle, low-impact yoga. Props and aids will be provided.

The beauty of Chair Yoga is that it is simple, easy, and accessible to all!

\$7 per class fee drop in, or \$50 payable at 1st class for all 8 sessions.

2nd Floor Community Room

Recommended to bring a chair pad and yoga mat.

Mats available at the Circulation desk for \$5.

No Class on Election Day - Tuesday, Nov. 6.

1812:

The First Civil War
 with Richard Hartman



Thursday, October 4 at 7 pm
 2nd Floor Community Room

1812: This war was actually the decisive end to the American Revolution. During the Revolutionary War, the turmoil and violence in the individual colonies failed continuing divisions to determine just who would rule at home in each state. The War of 1812 was actually waged to determine who would govern all the states.

Richard Hartman: local retired educator, provides Real History to prove that The War of 1812 was our First Civil War.

FREE and open to ALL

Registration is requested, but not required. Call or RSVP online!

Join us to learn the true history of the War of 1812, our first Civil War.

Image: British allies fire their guns saluting the British commander of Fort Douglas.

Huntingdon Valley Library | 625 Red Lion Road

Movie Night Under the Stars

Saturday, October 13 at 7:00 pm
 on the Huntingdon Valley Library lawn

Giant 25-ft. screen!

Popcorn & refreshments

Sponsored by Lower Moreland Township
 (215) 947-5138 | www.hvlibrary.org

Huntingdon Valley Library | 625 Red Lion Road

KEEP CALM AND STEAM ON Middle School STEAMers

Join us for
Fun with Gravity
 on Wednesday,
October 10
 at Noon!



Registration required.

Stop by after early dismissal from school for food and fun with gravity! Enjoy delicious PIZZA and participate in challenges & experiments involving gravity.

Open to youth in grades 6-8.

(215) 947-5138 | www.hvlibrary.org

Storytime

Preschool Storytime

Stories, songs and fun for 3, 4 & 5 years
 Mondays at 10:30 am
 September 24
 October 1, 8, 15, 22, 29 (Halloween theme)
 November 12, 19, 26

Toddler Storytime

Stories and music for 1 & 2 year-olds
 Tuesdays at 10:30 am
 September 25
 October 2, 9, 16, 23, 30
 November 13, 20, 27

Halloween Crafts!



Thursday, October 4
 3 - 6 p.m.

All ages welcome!

Book Club Middle School BOOK CLUB

Join us for a
**Book Discussion
 & Activity**
 on Friday, October 12
 at 3:30 pm.

Registration requested.

Stop by after school to discuss mystery book
The Westing Game
 by Ellen Raskin.

Pick-up a copy at the circulation desk.
 Event will also include light snacks and a game of Clue.

Open to students in grades 6-8.



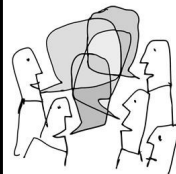
Socrates Cafe

Giving Philosophy Back to the People! Let's discuss ...

What is truth? What is justice? What is moderation?

Wednesday, Oct. 17, Wednesday, Nov. 21,
 Wednesday, Dec. 19 @ 10:30 am to 12:00
 pm in Friends Learning Lab

This session will be led by Robert Rubin, an experienced moderator with discussion groups. Open to the public all are welcome to attend.



According to philosopher.org, "Socrates Cafe are gatherings around the world where people from different backgrounds get together and exchange thoughtful ideas and experiences while embracing the central theme of Socratizing: the idea that we learn more when we question and question with others."

Medicare.gov

The Official U.S. Government Site for Medicare

Medicare for 2019

- Tuesday, October 23 at 7:00 pm
- 1st Floor Friends Learning Lab
- Medicare 2019 will help individuals understand the basics of Medicare, what it covers, and how the various types of health and drug insurance work. The presentation is intended mainly for persons who are new to Medicare or are approaching Medicare eligibility.

APPRISE is a free health insurance counseling program designed to help Pennsylvania residents over the age of 60 and those with disabilities with health insurance concerns. The Pa Dept. of Aging created APPRISE to help seniors understand their Medicare insurance options and make informed choices that would best meet their needs.



Huntingdon Valley Library | 625 Red Lion Road

Library Yoga with Theresa Landolfi

Wednesdays
 10:30 - 11:30 am



- Cost is \$7 per session, drop-in
- Full 1-hour beginner Hatha yoga class
- All levels welcome
- 2nd Floor Community Room
- Bring an exercise mat or purchase one for \$5

Promoting Health Literacy in our community with PA Forward.

Yoga teaches us to cure what need not be endured and endure what cannot be cured. - B.K.S. Iyengar

215-947-5138 | www.hvlibrary.org