



# Huntingdon Valley Library



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## Huntingdon Valley Library Newsletter September 15, 2019

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### Library Hours

Mon.-Th. 10 am to 9 pm  
 Friday 10 am to 5 pm  
 Saturday 10 am to 5 pm  
 Sunday 1 pm to 5 pm

### Friends Fundraisers

Annual membership \$15. Perk:  
 Museum passes!  
 Newest: **Elmwood Park Zoo**

**Nov 12** Tour of the Museum of the American Revolution

**Reminder:** Parking is available in the Lower and Auxiliary lots.

### [Get Involved](#)

#### Visit our Website

Learn more online at:  
[www.hvlibrary.org](http://www.hvlibrary.org)

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### [Calendar of Events](#)

#### Saturday, September 14

- **Last Day! - Friends Used Book Sale** - 10 am to 4 pm in the Lower Level and in the Book Room. Great selection, amazing prices, and a worthy cause.



#### Sunday, September 15

- OPEN from 1 pm to 5 pm.

#### Monday, September 16

- *Storytimes will resume the week of September 23.*
- **Library Yoga - NEW!** - 10:30 am. Drop in with Theresa Landolfi, \$7 in the Community Room.
- **Knitting Club** - 3:30 pm in the Friends Learning Lab.
- **Afternoon Yoga Class** - 4:30 pm. \$7 Drop in, also with Theresa.

#### Tuesday, September 17

- **Chair Yogacise Class** - 10:15 am \$7 Drop in with Nadene.

#### Wednesday, September 18

## Wednesday, September 18

- **Library Yoga** - 10:30 am. With Theresa, drop in, \$7.

## Thursday, September 19

- **Bounce & Rhyme Babytime** - 10:30 am with Miss Vanessa
- **Tai Chi** - 11 am with Michael, \$7 drop in.
- **Friends Book Club** - 12:30 pm in the Community Room. *The Last Days of Night* by Graham Moore will be discussed.
- **Fans of Foreign Film** - 4 pm. *The Women's Balcony*.
- **Why do we Eat what we Eat when we Know what we Know?** - 7 pm in the Friends Learning Lab. Details below. [Please RSVP](#).



## Friday, September 20

- **Friday Movies** - 11 am. **Hotel Mumbai (2018)**  
A gripping true story of humanity and heroism, *Hotel Mumbai* vividly recounts the 2008 siege of the famed Taj Hotel by a group of terrorists in Mumbai, India. Among the dedicated hotel staff is the renowned chef Hemant Oberoi (Anupam Kher) and a waiter (Academy Award-Nominee Dev Patel) who choose to risk their lives to protect their guests. As the world watches on, a desperate couple (Armie Hammer and Nazanin Boniadi) is forced to make unthinkable sacrifices to protect their newborn child. R, 123 minutes. [See all the September Movies](#).



## Saturday, September 21

- **CANCELLED - Friends Princess Party** - Unfortunately, the minimum registration was not met.

### NOTICE:

[Library Board Vacancy](#) - come join the fun and shape the Library's future!

[Calendar of Events](#) | [September Calendar](#)

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## News and Notes



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[Follow Us on Instagram!](#) - hvlibrary

[Visit us on Pinterest](#) - hvlibrary

### Director's Corner

It's been an emotional week. Our friend and colleague **Jane** announced her retirement on Wednesday and stopped by Friday to say "see you later" (but not "good bye"). Over the last 15 years, she has done a little bit of everything -- from run the teen program with a Battle of the Bands contest to launch the new Socrates Cafe and recruit Bob Rubin to facilitate. However, her crowning achievement are the **Friday Movies**. This is the Library's most successful long-term adult program. She carefully selected an interesting mix of new movies each month for this dedicated group of film-lovers. We will miss her humor, smiles, and candy. Personally, I will miss her frank and sage advice.



We also received the sad news that the Library's liaison from the Board of Commissioners, Ferdie Gonzales, resigned. The Board and I appreciated his opinions, information, and advocacy over the years.

Join me in wishing both of these amazing people the very best now and in the future.

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HEALTH  
LITERACY

Along with weekly classes for yoga, chair yogacise, and Tai Chi, we have these upcoming programs to promote your Health Literacy:

### **Why do we Eat what we Eat when we Know what we Know?**

**Thursday, Sep 19, 2019 at 7 pm**

Join us for a workshop on finding your best wellness with Coach Kira.

Kira is a National Board Certified Health and Wellness Coach (through the National Board of Medical Examiners). Her website is [awellfedlife.org](http://awellfedlife.org)

[Please RSVP](#). Limited to 20 participants.

### **Brains and Balance**

We have invited Bob back for another course of Brain & Balance Past 60 for active older adults.

[Learn more and register today!](#)

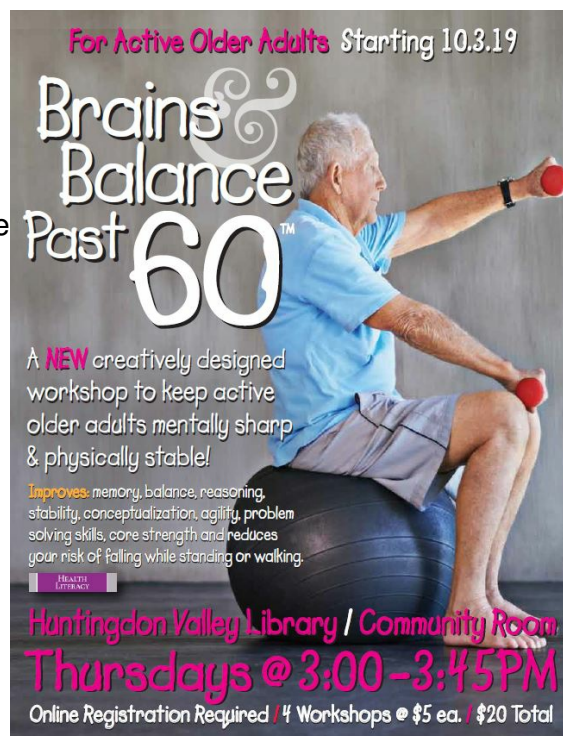
### **Improving Sleep and Reducing Stress With Essential Oils**

Tuesday, Oct. 15 at 7 pm in the Friends Learning Lab

Learn how to Improve Sleep and Reduce Stress using essential oils.

\$5 fee allows you to make an Essential Oil formula to take home.

[Please RSVP](#).



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**Community Focus Group** - You are invited to participate! If you are interested, please RSVP for one of the following forums:

- [Monday, September 23](#) at 7 pm in the Community Room
- [Thursday, October 3](#) at 7 pm in the Friends Learning Lab

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## **Get Involved**

**Board Contact Information:** [Board of Trustees](#)

**Minutes** are available online: [Minutes Archive](#)

**Next Regular Meeting** of the Board is on **Thursday, October 10 at 7:30 pm.** Open to all.

Visit the [Donate page](#).

**Donate today!**

## Friends of Huntingdon Valley Library

[www.hvlibrary.org/friends](http://www.hvlibrary.org/friends)

[Read the 2019 Friends Newsletter \(.pdf\)](#)

Join and support this amazing group who support the Library! Membership for the calendar year is only \$15.

**Family Museum Passes - a benefit of membership:**

Do you enjoy spending the day at a museum?

[Details and the full list of museum passes available to active Friends members.](#)

**Newest pass for 2019:**

[Elmwood Zoo!!](#)

The pass arrived and Tetjana cataloged it, so it is ready to be used! Pass allows entry for 2 adults and 6 children.



## Next Meeting:

- **Thur., October 3 at 12:30 pm.** [Craft Roadshow](#) with special guest and local artist, [Annina King](#).



## Fundraisers and Events:

- **Book Bundles**
  - \$1 bundles of books
  - Book shelves by the front entrance are restocked weekly!
- **NYC Bus Trip on Oct. 23**

- **NEW - Museum of the American Revolution Tour on November 12.**

Take the train down to the city. Cost includes entry, a short film, and self-guided tour,

PLUS a lunch & lecture

**"Revolutionary Women."** This fundraiser supports the Library's Wish List. \$45 per person.

RSVP by October 17 at the Friends Station. **Sign up Today!**



**Book Club:** Members of the book discussion group do not have to be members of the Friends. We meet the third Thursday of each month at 12:30. eBook editions available through [OverDrive](#) to Huntingdon Valley borrowers. The [2019- 2020 Book List available now!](#)

### Friends Book Club 2019-2020

August 14, 2019 Sharon Active Adults Friends Edit Post



Join this lively discussion group on the third Thursday of each month at 12:30 pm. Members of the book discussion group do not have to be members of the Friends. These titles were selected by a vote of the group. September 19: The Last Days of Night by Graham Moore The author of The Sherlockian (2010) presents another twisty historical [...]

[» Read more](#)



### Friends Fundraiser Corner

Stop by today to sign up for an upcoming Friends of the Library Fundraiser. Proceeds support the Library's Wish



List.

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